

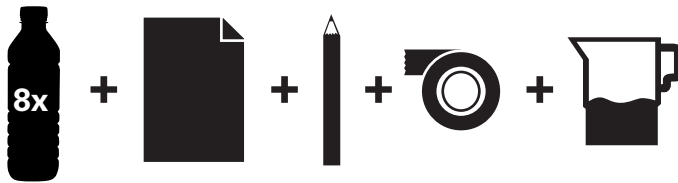


HOW TO PLAY BOTTLE BAND

STEP 1 WHAT YOU NEED

To start, gather together the following:

1. 8 Highland Spring family size water bottles
2. some thin cuts of paper
3. coloured pens / pencils
4. sticky tape
5. Jug



HINTS & TIPS

- You can either tape all the bottles together to create one big instrument OR leave the bottles sitting on the table, whatever you find easiest.
- Once you've mastered both of our joyous songs, feel free to experiment with other songs, or even create your own!

STEP 2 NUMBERING BOTTLES

Using your pens and pencils, draw big colourful numbers onto strips of paper then stick onto each of your bottles.

STEP 3 TUNING YOUR BOTTLES

Use the 'Note sheet' to fill up each of your bottles to the notes required for each song



STEP 4 BOTTLE ORDERING

Make sure you have the bottles in order to make it as easy (and fun) as possible.

STEP 5 PLAY THAT TUNE!

It's now time to try your hand at playing one of our funky tunes. Below is the order in which to play the notes, now don't worry if you don't get it first time as you know what they say, practice makes perfect. Have fun!

FULL OF THE JOY SONG (7 BOTTLES NEEDED)

4-4-6-6-1-1-2-2-3-3-4-4-6-7-8-7-6-4-6-7-7-6-4-3-2-3-4-7-6-4-7-6-4-7

ODE TO JOY (5 BOTTLES NEEDED)

4-4-5-6-6-5-4-3-2-2-3-4-4-3-3-4-4-5-6-6-5-4-3-2-2-3-4-3-2-2



NOTE SHEET

BOTTLE BAND

1 LITRE GLASS BOTTLE

Hold this sheet up next to you 1litre
glass bottle of Highland Spring
Water to get the correct notes.

- A (No.8) C 18cm OF WATER
- A (No.7) A 16cm OF WATER
- A (No.6) G 14.5cm OF WATER
- A (No.5) F 13cm OF WATER
- A (No.4) E 12cm OF WATER
- A (No.3) D 9.5cm OF WATER
- A (No.2) C 7cm OF WATER
- A (No.1) A EMPTY BOTTLE



NOTE SHEET BOTTLE BAND

1.5 LITRE PLASTIC GREEN BOTTLE

Hold this sheet up next to you 1litre glass bottle of Highland Spring Water to get the correct notes.

- A..... (No.8) C 20cm OF WATER
- A..... (No.7) A 17.5cm OF WATER
- A..... (No.6) G 16.5cm OF WATER
- A..... (No.5) F 14.5cm OF WATER
- A..... (No.4) E 13.5cm OF WATER
- A..... (No.3) D 11.5cm OF WATER
- A..... (No.2) C 7.5cm OF WATER
- A..... (No.1) A EMPTY BOTTLE